**What is FEMM?**

**FEMM is a comprehensive women’s health program that:**

* teaches women to understand their bodies and how to recognize hormonal and other vital signs of health.
* provides women with support through its free FEMM Health App to help women track their health and reproductive goals.
* provides accurate medical testing and treatment based on new research and medical protocols.
* continues to conduct research to provide women with the latest diagnostic tools and treatments for their health.
* offers training to individuals so that they can teach FEMM health tracking to women and training to medical professionals in the FEMM methods and protocols

FEMM offers a comprehensive, integrated women’s health program. Our educational program teaches women about their monthly cycles and the important role it plays in their overall health.The FEMM app makes it easy to manage, track, and understand health and fertility. FEMM invests in ongoing research and medical education to bring the best and most up-to-date knowledge to women and their doctors.

FEMM collaborates with the **Reproductive Health Research Institute (RHRI**) to develop medical protocols that are science and evidence based, and to standardize the latest advances in foundational and clinical research.

Our integrated program makes it possible to get all the help and information you need in one place. Our medical protocols provide an accurate diagnosis and treatment of hormonal imbalances, fertility issues and related problems, not just management or suppression of symptoms. FEMM helps you to get the health care you deserve

For more information visit www.FEMMhealth.org.